



21ST OF April 2020

FATWA:

Fasting during the COVID-19

All praise is due to Allah and peace and blessings upon the last prophet Muhammad, his family and companions.

In regards to what has been mentioned about the permissibility of breaking the fast due to the fear of infection by the "Coronavirus" pandemic, the Australian Fatwa Council would like to confirm that it has been medically proven that there is no link between fasting and the possible contraction of the Coronavirus. It has also been medically proven that fasting strengthens the immune system, helps it eradicate damaged cells and facilitates the regeneration of new ones. Therefore, these assumptions regarding the permissibility of breaking the fast in fear of contracting the Coronavirus are invalid Islamically.